

Triple P Teen Discussion Group

SUMMER 2019



Parenting teenagers is rewarding....and challenging!

Triple P works by giving parents skills to raise confident, healthy children and teenagers, and build stronger family relationships.

You're not alone. All parents struggle sometimes.

Please join us for any or all of the **FREE discussion groups in June.**

Group discussions are two hours each and on specific topics to help parents deal with some of the most common challenges of parenting teenagers. A light snack will be provided.

Register Today!

tempecommunitycouncil.org/triple-p

(must register to attend)

Rudeness and Disrespect

Wed., June 12, 5:45–7:45 pm, Tempe Public Library

As teenagers make the transition from childhood to adulthood, many parents feel their teenagers become less respectful towards them. Parents may find this change upsetting, and it can lead to conflict between parent and teenager. In this discussion group we will talk about ways to help you manage rude and disrespectful behavior and develop a positive relationship with your teenager.

Taking Drugs

Tues., June 18, 5:45–7:45 pm, Tempe Public Library

Some teenagers use drugs to help them feel relaxed and confident, or for a mind-altering experience. Many drugs are illegal, highly addictive, and expensive. This can result in teens having contact with police and the courts. Drug use can have a serious impact on health, relationships, job opportunities and other adult activity. This discussion group will focus on ways to help you help your teen deal with the pressure they may experience to use illegal drugs.

Friends and Peer Relationships

Wed., June 19, 6:00–8:00 pm, Escalante Multi-Generational Center

Peer relationships become increasingly important during the teenage years and parents may feel that they are being pushed aside. Parents need to adjust to this increasing influence of peers by developing a different sort of relationship with their teenager. Social events provide important opportunities for teenagers to mix with peers. This can be a source of conflict between parents and teens. In this discussion group we will talk about how to deal with the challenges you may face with your teen and their relationships with their peers.

Smoking

Thurs., June 25, 6:00–8:00 pm, Escalante Multi-Generational Center

Smoking can make teenagers feel more grown up. Tobacco advertisers often show smokers as being attractive and fun-loving. Many teenagers value these qualities and cigarettes are easily obtained. Smoking is a serious risk to health, is highly addictive and is expensive. This discussion group will give you some suggestions to help you deal with the pressures your teen may experience to become a smoker.



PROVIDED BY & INFO

tempecommunitycouncil.org/triple-p
480.858.2300
34 E. 7th Street, Tempe, AZ 85281

QUESTIONS?

Sandi Cimino
TCC Triple P Specialist
sandi_cimino@tempe.gov